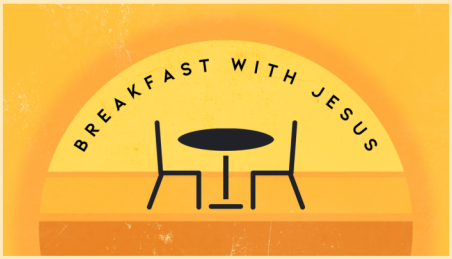
GO DEEP

Fountain of Life Church
November 2, 2025



PART 12

connect to your
PURPOSE

BREAKFAST WITH JESUS

HOW TO KEEP JOY OVERFLOWING

MESSAGE NOTES

JOHN 15:12-17 NLT

GO DEEP GUIDE

SERMON RECAP

Jesus doesn't just want your joy to remain — He wants it to overflow. Joy begins in connection with Him but multiplies through love. In John 15, Jesus shows that joy is not sustained by circumstances but by relationship — with Him and with others. When we intentionally express our love for God and others, and grow in our knowledge of Him, joy moves from being something we have to something we pour out. Overflowing joy isn't about what you achieve — it's about who you're becoming in Him.

ICEBREAKER

Share a time when someone did something that brought real joy to your life.

READ JOHN 15:12–13

"LOVE EACH OTHER"

Jesus says, "This is my commandment: Love each other in the same way I have loved you." Love isn't just a feeling — it's a sacrificial choice that reflects the heart of Jesus.

Pastor Joe said, "Joy begins in connection, but it overflows in expression." How have you seen that truth in your own life?

Pastor Joe said, "Joy flows through love the way water flows through a hose — it's there, but it won't move until you engage it. Until you squeeze the handle, all you have is potential."

What does it look like to love “as Jesus loved” in your relationships right now? How can you “squeeze the handle,” to make your potential for Joy overflow through your love?

READ JOHN 15:14–15

“LOVE ME”

Jesus calls His followers friends, not servants — because friendship with Him is marked by loving obedience. But obedience without abiding will always deflate your joy.

How can obedience become an expression of love rather than a religious duty?

Pastor Joe used the balloon to show how trying to obey without abiding causes joy to leak. What does that visual mean to you?

READ JOHN 15:15–17

“KNOW ME”

Jesus invites us into relational knowledge — not just to know about Him, but to know Him personally. Love and knowledge grow together.

How does growing in your knowledge of God increase your capacity to love others?

Read 2 Peter 1:5–8. Which of these "layers" of spiritual growth do you sense God is currently developing in you?

Pastor Joe said, "Love reveals God. Knowing God refines love." How have you seen that cycle in your own walk with Jesus?

SCRIPTURE MEMORIZATION

John 15:12 (NLT)
"This is my commandment: Love each other in the same way I have loved you."

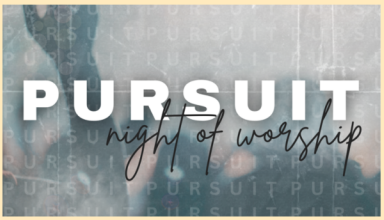
ACTION STEP

Look for one opportunity this week to "squeeze the handle" — to intentionally express love toward someone in a practical way. As you pour out, watch how joy begins to overflow again.

IRON GROUPS

- **Break into gender specific groups for prayer and deeper reflection.**
- Which of these three areas do you need to focus on this week — loving others, loving Jesus through obedience, or knowing Him more deeply?
- Share how you can take a specific step to let your joy overflow.

THIS Wednesday Night @7PM



SCAN ME

What's happening at Fountain of Life Church