

PART 2

BREAKFAST WITH JESUS

HUMBLE YOURSELF

MESSAGE NOTES:

GO DEEP GUIDE

SERMON RECAP

When the pressure is on, our natural reaction is to fight, run, complain, or just quit—but Jesus showed us another way. In the face of betrayal, arrest, and the cross, He chose to take a low position and wash His disciples' feet. In John 13, we see that true greatness isn't measured by how high we stand when life is going well, but by how far we reach down when others need to be lifted up. Jesus also teaches us not to dismiss what we don't understand, because God often works in ways that don't make sense in the moment. And finally, our relationship with Him is based on dependence, not duty—so we must stop striving and start surrendering.

THINK ABOUT IT

Think about a time when everything seemed to go wrong in one day—how did you respond?

WHEN PRESSURE COMES, TAKE A LOW POSITION

READ JOHN 13:4-10

Why do you think Jesus chose this moment of extreme personal pressure to serve rather than assert authority?

When you feel pressure, do you tend to take a high position or a low position? Explain.

How can humbling yourself in times of intense pressure help you?

READ JOHN 13:6-8 AGAIN

DON'T DISMISS WHAT YOU DON'T UNDERSTAND

Why do you think Peter resisted Jesus washing his feet?

Have you ever rejected something God was trying to do in your life because it didn't make sense at the time?

What is one "unusual thing" in your life right now that could be part of God's plan?

How can humility protect us from missing what God is doing?

READ JOHN 13:9-10 AGAIN

STOP STRIVING AND START SURRENDERING

Pastor Joe said, "Jesus showed Peter that His relationship with Him was based on dependence rather than duty." What is the difference between someone who's Christian life is based on duty vs. someone who's relationship with God is based on dependance?

How can striving be an attempt to compensate for a heart that is not surrendered?

What has been the most difficult part of your life to surrender to Jesus?

SCRIPTURE MEMORIZATION

John 13:7 Jesus replied, “You don’t understand now what I am doing, but someday you will.”

ACTION STEP

This week, intentionally take a low position once a day. Look for a moment when you feel pressure, misunderstood, or overlooked, and instead of reacting in pride, choose to serve someone in a tangible way.

REFLECT

How do these three steps—humility, trust, and surrender—work together to help us respond to pressure in a Christlike way?

Which one do you most need to focus on right now?

SCAN ME

What's happening at Fountain of Life Church